



Massage Offer

- **Full Body Massage** 50 min / 72,00 EUR
Encourages metabolism, stimulates blood flow, relaxes muscles and increases range of motion;

- **Partial Body Massage** 25 min / 42,00 EUR
Encourages metabolism, stimulates blood flow, relaxes muscles and increases range of motion;

- **Shoulder-Neck – Massage** 50 min / 72,00 EUR
Combination of massage and stretching to release tensions and blockages;

- **Foot Reflexology** 25 min / 42,00 EUR
Improves organs blood flow, self-regulating forces will be activated, then foot massage;

- **Combination Massage** 50 min / 72,00 EUR
Consists of Partial Body massage and Foot Reflexology

- **Breuss Massage** 50 min / 80,00 EUR
Releases emotional, energetic and physical blockages through gentle stretching of the spine. Easing of nerves with warm St. John's Wort oil; pain-relieving especially in case of herniated disc and severe tension;

- **Manual Lymphatic Drainage** 50 min / 72,00 EUR
Encourages metabolism, vitalizing effects. For heavy, tidy legs and hematomas. Cosmetical and medical;

- **Kinesio-Taping/ Leuko-Taping** 4,00 – 15,00 EUR