



## Massage Offer

- **Full Body Massage** 50 min / 69,00 EUR  
Encourages metabolism, stimulates blood flow, relaxes muscles and increases range of motion;
  
- **Partial Body Massage** 25 min / 39,00 EUR  
Encourages metabolism, stimulates blood flow, relaxes muscles and increases range of motion;
  
- **Shoulder-Neck – Massage** 50 min / 69,00 EUR  
Combination of massage and stretching to release tensions and blockages;
  
- **Foot Reflexology** 25 min / 39,00 EUR  
Improves organs blood flow, self-regulating forces will be activated, then foot massage;
  
- **Combination Massage** 50 min / 69,00 EUR  
Consists of Partial Body massage and Foot Reflexology
  
- **Breuss Massage** 50 min / 75,00 EUR  
Releases emotional, energetic and physical blockages through gentle stretching of the spine. Easing of nerves with warm St. John's Wort oil; pain-relieving especially in case of herniated disc and severe tension;
  
- **Manual Lymphatic Drainage** 50 min / 69,00 EUR  
Encourages metabolism, vitalizing effects. For heavy, tidy legs and hematomas. Cosmetical and medical;
  
- **Kinesio-Taping/ Leuko-Taping** 4,00 – 15,00 EUR